

December

Don't Waste Your Christmas

- ✓ More than 1 billion Christmas cards are sent then thrown away
- ✓ 8,000 tonnes of wrapping paper is wasted (50,000 trees worth)
- ✓ Last year the equivalent of 4 million Christmas dinners were wasted across the UK
- ✓ 2 million turkeys and 74 million mince pies are thrown away
- ✓ 6 million Christmas trees are disposed of after the festive period

Think: Reduce, Reuse, Recycle

DID YOU KNOW? TODAY IS...

NATIONAL
HOT CHOCOLATE
Day



? DID YOU KNOW?
DAYS

caterlink
feeding the imagination

December

Don't Waste Your Christmas

- ✓ More than 1 billion Christmas cards are sent then thrown away
- ✓ 8,000 tonnes of wrapping paper is wasted (50,000 trees worth)
- ✓ Last year the equivalent of 4 million Christmas dinners were wasted across the UK
- ✓ 2 million turkeys and 74 million mince pies are thrown away
- ✓ 6 million Christmas trees are disposed of after the festive period



Think: Reduce, Reuse, Recycle

FESTIVE *Period*



*Special
menu*



**DISCOVERY
DAYS**

caterlink
feeding the imagination

DECEMBER FOOD HERO

Brussel Sprouts

- Britons eat more Brussels sprouts than anyone else in Europe.
- An 80g serving of sprouts contains four times more vitamin C than an orange
- The area covered by Brussels sprout fields in the UK is the equivalent of 3,240 football pitches
- The heaviest ever sprout was grown in 1992 and weighed 8.3kg
- Asda will sell around 140 million sprouts in the two weeks before Christmas

