

## Safeguarding Bulletin – Domestic Violence/Abuse

**Definition** - "any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. "

Types of domestic abuse	Effects of domestic abuse on children
<ul style="list-style-type: none"> <li>• <b>physical</b> abuse</li> <li>• <b>emotional</b> abuse</li> <li>• <b>financial</b> abuse</li> <li>• <b>psychological</b> abuse</li> <li>• <b>sexual</b> abuse</li> <li>• <b>coercive</b> behaviour</li> <li>• <b>controlling</b> behaviour</li> </ul>	<ul style="list-style-type: none"> <li>• Physical and mental health consequences.</li> <li>• Behavioural problems.</li> <li>• Difficulties adjusting at school.</li> <li>• Feeling responsible for negative events.</li> <li>• Exhibiting abusive behaviours.</li> <li>• Becoming isolated and watchful.</li> </ul>

### Adolescent to parent violence and abuse

- There is no current legal definition of abuse of a parent from a child
- Abusive behaviours can involve violence, damage to property, emotional abuse and financial abuse, just as in the case for adult to adult abuse
- Siblings may be abused or abusive as well
- There may be a history of abuse between parents
- There are many barriers to the adult seeking/getting support

**Domestic abuse cases reported to the Met Police between 23 March – 10 May 2020 were 14% higher than the same period the previous year. The total number of domestic abuse cases reported over this period increased from 18,707 in 2019 to 21,324 in 2020.**

Children to be legally defined as victims

Although in the past children have been seen as 'witnesses' to domestic abuse. The new Domestic Abuse Bill, currently in its Third Reading, will define children as 'victims' for the very first time. The Bill says that a victim of domestic abuse includes a reference to a child who sees or hears, or experiences the effects of the abuse the adult is their parent or someone who has parental responsibility for the child, or are related to the them. (See Domestic Abuse Bill Part 1, Section 3 <https://bills.parliament.uk/bills/2709>)

## @Barnhill



Barnhill School is accredited to deliver support for students who have experienced domestic violence. If you wish your son/daughter to receive support please contact Miss Snaith. Here is a link to a video with some information on what the programme offers:

[Benefits of the Healing Together Programme](#)



The theory behind this programme comes from Dr Siegel and Dr Porges, but in the sessions the use of the hand model seen here in the video link (below) is used to help children understand how the body and brain is connected, and the programme helps children understand the effects on their bodies and how they can help themselves

## Dr Daniel Siegel presenting a Hand Model of the Brain

<https://www.youtube.com/watch?v=gm9CIJ74Oxw>



### Domestic Violence Support

**National Domestic Violence helpline** 0808 200 0247

**Men's Advice Line** 0808 801 0327

**National LGBT helpline** 0300 999 5428

### Papyrus

**Tel:** 0800 068 41 41 or TEXT 07786 209 697 (10am-10pm weekdays, 2pm-10pm weekends and bank holidays)

**Email:** [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

**Website:** [www.papyrus-uk.org](http://www.papyrus-uk.org)

Papyrus provide confidential advice and support for children, teenagers and young people up to the age of 35 who are worried about how they are feeling or anyone who is concerned about a young person.

### Calm

**Tel:** 0800 58 58 58 (5pm-midnight, 365 days a year)

**Website:** [www.thecalmzone.net](http://www.thecalmzone.net)

The Campaign Against Living Miserably (CALM) project is a movement against male suicide. CALM provide free and confidential helpline and webchat support for men who would like to talk or find information and support.

### Hillingdon Women's Centre

333 Long Lane

Hillingdon

UB10 9JU

Public phone: 01895 259 578

**Email:** [Info@hillingdonwomenscentre.org](mailto:Info@hillingdonwomenscentre.org)

**Website URL:** <http://hillingdonwomenscentre.org/>

<https://www.womensaid.org.uk/information-support/>

**Useful places to go for information for your son/daughter:**

Samaritans: 116 123

Childline 0800 1111 Specifically online safety 0808 800 5002

<https://www.nspcc.org.uk/>

<https://www.thinkuknow.co.uk/>

<https://www.ceop.police.uk/safety-centre/>

<https://youngminds.org.uk/> 0808 802 5544

<https://www.kooth.com/>