

Safeguarding Bulletin – Online Safety

Please see the attached leaflet for supporting young people online. It is important for all parents and carers to be mindful of what their son and daughter is doing online

Please consider their:

Conduct

Content

Contact

Commercialism

EAL support:

If you would like access to help in another language, please see these links for support

<https://www.childnet.com/resources/supporting-young-people-online>

<https://www.betterinternetforkids.eu/sic>

What to do:



- Block people that make you feel uncomfortable
- Keep personal information private
- Be careful about meeting up – it is best not to meet up with people you have met online. If you do take a

friend with you

- Take breaks – remember to go offline as well! It is important to talk to others in your house, but also to move around for your health
- Speak to a trusted adult – if you feel uncomfortable talk to someone about what is happening
- Make sure you and your child know how to report any misuse – use the CEOP report button (see link below)

Useful places to go for information for your son/daughter:

Samaritans: 116 123

Childline 0800 1111

<https://www.nspcc.org.uk/>

<https://www.thinkuknow.co.uk/>

<https://www.ceop.police.uk/safety-centre/>

<https://youngminds.org.uk/>

<https://www.kooth.com/>